**20 Body and health care**

**WORD BANK**

**Look up the Czech meanings of these words and phrases:**

* to have a temperature/fever
* to have a runny nose / cough / sore throat
* to be short of breath
* to have a headache / stomach ache / bellyache
* to have upset stomach / diarrhoea
* to have earache / sore eyes / rash
* to have cold / flu
* to feel sick
* to have nausea
* to vomit / to throw up
* to be overweight
* to break a bone
* to sprain your ankle
* to suffer from high/low blood pressure
* to feel dizzy / to faint
* to be allergic to pollen, dust, etc.
* to have cancer / pneumonia / heart disease / diabetes / asthma
* to scratch / to cut / to wound / to infect
* mental health / depression / anxiety
* health insurance
* prescription
* doctor’s surgery (BrE), doctor’s office (AmE)
* waiting room
* general practitioner (GP)
* nurse / surgeon / dentist / psychiatrist / therapist
* A&E (accident & emergency) (BrE), ER (emergency room) (AmE)
* intensive care
* hospital ward
* painkiller / pills
* cough medicine
* eye drops / ointment
* plaster (BrE), Band-Aid (AmE)
* bandage
* to stitch
* to put (a broken arm, leg, etc.) in plaster
* to get an injection / to get a shot
* vaccination / to get vaccinated
* to have an X-ray
* to go for a check-up

**Answer the questions:**

• What do you usually do when you have a cold? Tell me about it.

• Do you often go to the doctor? Why ? / Why not?

• When did you last feel unwell? Tell me about it.

• How can you prevent yourself from getting ill? Tel me about it.

• Have you ever been seriously ill? Tell me about it. / Why not?

• What do you do to keep fit? Tell me about it.

• Do you often go to fast food restaurants? Why? / Why not?

• How can you prevent yourself from getting a cold? Tell me about it.

• Should people wear a cap in winter? Why? / Why not?

• What do you think of people who smoke cigarettes? Tell me about it.

• Is it good for your health to do sports? Why? / Why not?