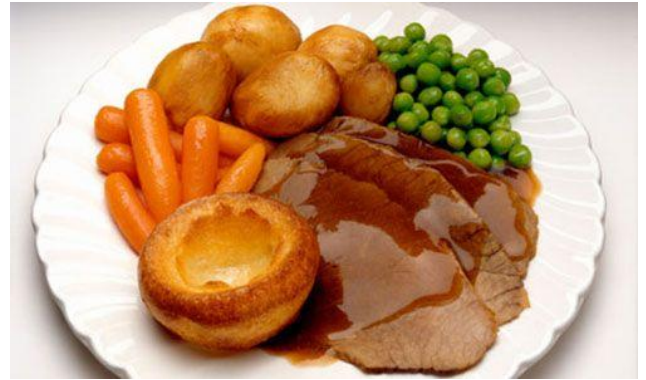


3 Food, cooking, eating out

Typical British dishes



Full English breakfast (baked beans, eggs, bacon, sausages, grilled tomatoes and mushrooms)



Sunday roast (roasted meat, Yorkshire pudding, roasted potatoes, vegetables, gravy)



Fish and chips



Shepherd's pie (minced lamb cooked with onions and vegetables, topped with mashed potatoes and baked)



Irish stew (stewed lamb or beef, potatoes, onions, root vegetables)



Christmas pudding (dried fruit, peel, nuts, breadcrumbs, dark sugar, sweet spices, alcohol)